Aberystwyth - Y Drenewydd - Y Trallwng - Birmingham - Llundain
Aberystwyth - Newtown - Welshpool - Birmingham - London

National Express 409

GWASANAETH SY'N AROS YN Y MANNAU CANLYNOL YN UNIG

Dyddiol		Daily	D
Aberystwyth, Yr Orsaf ger Be-Wise	gad/dep	Aberystwyth, Stn mr Be-Wise	**0815**
Aberystwyth, Ty Porthor y Brifysgol		Aberystwyth, University Porters Lodge	0820
Capel Bangor, Penllwyn		Capel Bangor, Penllwyn	0825
Ponterwyd, Garej BP		Ponterwyd, BP Garage	0835
Llangurig, Black Lion		Llangurig, Black Lion	0900
Llanidloes, Maes Parcio'r Gro		Llanidloes, Gro Car Park	0910
Llandinam, Gwesty'r Lion		Llandinam, Lion Hotel	0920
Caersws Troad, Croesfan Rheilffordd		Caersws Turn, Rail Crossing	0922
Y Drenewydd, Gorsaf Fysiau (Stand e)		Newtown, Bus Stn (Stand e)	0935
Garthmyl, Nags Head		Garthmyl, Nags Head	0945
Y Trallwng, Maes Parcio'r Smithfield/CC		Welshpool, Smithfield Car Park/TIC	1000
Trewern, Criggion Lane		Trewern, Criggion Lane	1007
Middletown, gyferbyn â Breidden Inn		Middletown, opp. Breidden Inn	1009
Halfway House, gyferbyn â Seven Stars Inn		Halfway House, opp. Seven Stars Inn	1012
Ford, A458/Ffordd yr Ysgol		Ford, A458/School Road	1020
Yr Amwythig, Gorsaf Fysiau	cyr/arr	Shrewsbury, Bus Stn	1030
Yr Amwythig, Gorsaf Fysiau (Stand S)	gad/dep	Shrewsbury, Bus Stn (Stand S)	1045
Telford, Gorsaf Fysiau		Telford, Bus Station	1110
Birmingham, Gorsaf Fysiau Digbeth	cyr/arr	Birmingham, Digbeth Coach Stn	1210
Birmingham, Gorsaf Fysiau Digbeth	gad/dep	Birmingham, Digbeth Coach Stn	1230
Llundain, Gorsaf Finchley Road	s	London, Finchley Rd Stn	1440
Llundain, Marble Arch Park Lane	s	London, Marble Arch Park Lane	1455
Llundain, Gorsaf Fysiau Fictoria	cyr/arr	London, Victoria Coach Station	**1505**

Nid yw Tocyn Teithio Rhatach Cymru yn ddilys ar gyfer y gwasanaeth hwn
The Wales Concessionary Travel Pass is not valid on this service

Dim gwasanaeth ar Wyl y Banc a rhwng y Nadolig a'r Flwyddyn Newydd
No service on Bank Holidays & between Christmas & New Year

LIMITED STOP SERVICE : ONLY STOPS AT THE POINTS SHOWN

			Ssu	NSSu
Llundain, Gorsaf Fysiau Fictoria	gad/dep	London, Victoria Coach Station	1300	
Birmingham, Gorsaf Fysiau	cyr/arr	Birmingham, Coach Station	1535	
Birmingham, Gorsaf Fysiau	gad/dep	Birmingham, Coach Station	1605	
Telford, Gorsaf Fysiau		Telford, Bus Station	1650	1705
Yr Amwythig, Gorsaf Fysiau	cyr/arr	Shrewsbury, Bus Stn	1720	1735
Yr Amwythig, Gorsaf Fysiau (Stand S)	gad/dep	Shrewsbury, Bus Stn (Stand S)	1730	1745
Ford, A458/gyferbyn â Ffordd yr Ysgol		Ford, A458/opp. School Road	1740	1755
Halfway House, Seven Stars Inn		Halfway House, Seven Stars Inn	1750	1805
Middletown, Breidden Inn		Middletown, Breidden Inn	1753	1808
Trewern, gyferbyn â Criggion Lane		Trewern, opp. Criggion Lane	1755	1810
Y Trallwng, Maes Parcio'r Smithfield/CC		Welshpool, Smithfield Car Park/TIC	1805	1820
Garthmyl, gyferbyn â'r Nags Head		Garthmyl, opp. Nags Head	1820	1835
Y Drenewydd, Gorsaf Fysiau (Stand E)		Newtown, Bus Stn (Stand E)	1830	1845
Caersws Troad, Croesfan Rheilffordd		Caersws Turn, Rail Crossing	1843	1858
Llandinam, Swyddfa'r Post		Llandinam, Post Office	1845	1900
Llanidloes, Maes Parcio'r Gro		Llanidloes, Gro Car Park	1855	1910
Llangurig, Swyddfa'r Post		Llangurig, Post Office	1905	1920
Ponterwyd, Garej BP		Ponterwyd, George Borrow	1925	1940
Capel Bangor, Penllwyn		Capel Bangor, opp.Penllwyn	1935	1950
Aberystwyth, Ty Porthor y Brifysgol		Aberystwyth, University Porters Lodge	1940	1955
Aberystwyth, Yr Orsaf	cyr/arr	Aberystwyth, Station	1940	2000

CODAU		CODES
Dydd Sadwrn a Dydd Sul	**Ssu**	Saturday and Sunday
ddydd Sadwrn a dydd Sul	**NSSu**	Not Saturday and Sunday
Chyflea i lawr ond	**s**	Set down only

Yn ddilys o 29/03/2010
Valid from 29/03/2010