

Dyddiol		Daily			
Abertawe , Gorsaf Fysiau		Swansea , Bus Station	...	Scarborough , Gorsaf Reilffordd	gad/dep
Aberhonddu , Gwrthglawdd	gad/dep	Brecon , Interchange 6	0850	Cayton Bay , Parc Gwyliau Haven	
Merthyr Tudful , Gorsaf Fysiau		Merthyr Tydfil , Bus Station	0920	Filey , Gorsaf Fysiau	
Pontypridd , Gorsaf Fysiau		Pontypridd , Bus Station	0940	Bridlington , Gorsaf Fysiau	
Caerdydd , Gorsaf Fysiau	cyr/arr	Cardiff , Bus Station	1010	Hull , George Street, Adeilad YPI	cyr/arr
Caerdydd , Gorsaf Fysiau	gad/dep	Cardiff , Bus Station	1030	Hull , Paragon Interchange	gad/dep
Prifysgol Caerdydd , North Rd	p	Cardiff University , North Road	1035	Doncaster , Cyfnewidfa Frenchgate	
Casnewydd , Gorsaf Fysiau		Newport , Bus Station	1100	Nottingham , Gor. Fysiau Broad Marsh	cyr/arr
Birmingham , Digbeth	cyr/arr	Birmingham , Coach Stn	1300	Nottingham , Broad Marsh Bus Stn	gad/dep
Birmingham , Gorsaf Fysiau	gad/dep	Birmingham , Coach Stn	1345	Birmingham , Digbeth	cyr/arr
Nottingham , Gor. Fysiau Broad Marsh		Nottingham , Broad Marsh Bus Stn	1500	Birmingham , Gorsaf Fysiau	gad/dep
Nottingham , Gor. Fysiau Broad Marsh		Nottingham , Broad Marsh Bus Stn	1505	Casnewydd , Gorsaf Fysiau	
Doncaster , Cyfnewidfa South		Doncaster , Interchange South	1700	Prifysgol Caerdydd , North Rd	s
Hull , Cyfnewidfa Paragon		Hull , Paragon Interchange	1800	Caerdydd , Gorsaf Fysiau	cyr/arr
Hull , George Street, Adeilad YPI		Hull , Paragon Interchange	1805	Caerdydd , Gorsaf Fysiau	gad/dep
Bridlington , Gorsaf Fysiau		Bridlington , Bus Station	1900	Pontypridd , Gorsaf Fysiau	
Filey , Gorsaf Fysiau		Filey , Bus Station	1925	Merthyr Tudful , Gorsaf Fysiau	
Cayton Bay , Parc Gwyliau Haven		Cayton Bay , Haven Holiday Park	1930	Aberhonddu , Cyfnewidfa 3	cyr/arr
Scarborough , Gorsaf Reilffordd	cyr/arr	Scarborough ,	1940	Abertawe , Gorsaf Fysiau	
				Scarborough , Rail Station	...
				Cayton Bay , Haven Holiday Park	...
				Filey , Bus Station	...
				Bridlington , Bus Station	...
				Hull , Paragon Interchange	...
				Hull , Paragon Interchange	0710 1000
				Doncaster , Interchange South	0845 1100
				Nottingham , Broad Marsh Bus Stn	1015 1255
				Nottingham , Broad Marsh Bus Stn	1035 1300
				Birmingham , Coach Stn	1150 1415
				Birmingham , Coach Stn	1245 1515
				Newport , Bus Station	1450 1710
				Cardiff University , Park Place	1515 1740
				Cardiff , Bus Station	1520 1745
				Cardiff , Bus Station	1525 1750
				Pontypridd , Bus Station	1815
				Merthyr Tydfil , Bus Station	1835
				Brecon , Interchange 3	1910
				Swansea , Bus Stn	1640 ...

Dim gwasanaeth ar ddydd Nadolig Gwyl San Steffan na Dydd Calan - Yn ddilys 16/05/11
No service on Christmas Day, Boxing Day or New Years Day - Valid from 16/05/11

Nid yw Pas Teithio'n Rhatach Cymru yn ddilys ar y gwasanaeth hwn
The Wales Concessionary Travel Pass is not valid on this service